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Ellen DeGeneres shows us her "fun house" of a home office and takes our decorating quiz. As told to Margy Rochlin. Photographs by Guy Aroch.

#### 16 Our Search for the Simple Life

Novelist Jacquelyn Mitchard and her family designed and built the house of their dreams. Less than a year later, they walked away from it.

#### 18 Ten Home Projects . . .

Got an hour (or less)? Transform your home, room by room. By Dan Shaw

#### ON THE COVER

A roller-wielding Ellen DeGeneres puts a little LIFE into her Hollywood Hills home. Photographed by Guy Aroch. Here and on pages 12 through 14: makeup by Meghan McClain/ Bardeen Agency; styling by Wendi Ferreira for SoloArtists; hair by Matthew Shields/Wall Group; prop styling by Oscar Perez/Partos Company.





Forget shuffleboard. A favorite pastime of residents of the Providence Marianwood nursing home, outside Seattle, is riding Harleys. Members of a local Harley Owners Group visit every six months and take seniors—like 90-year-old Ailie Little—for a few loops around the parking lot. Residents are so hog-wild, says coordinator Diane Bixler, "this is right up there with Christmas for them!" PHOTOGRAPH BY HARLEY SOLTES



# **One Enchanted Evening**

SANTA CLARA, CALIFORNIA

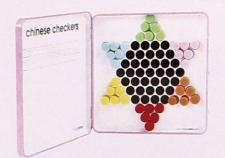
A high-school prom is huge in a teenager's life. But when your living room is your classroom and your parents are your teachers, who's going to throw you a fancy dance? Such was the situation for homeschooler Jessica Noyer, 15. "I have friends in public school, and I could have gone to their prom," says Jessica. "But it wouldn't have been my prom." So Jessica petitioned the principal: her mother, Delaine. The extended Noyer family decided to throw a year-end dance for



Gulmert revels among the homeschoolers at their prom.

homeschool students throughout California. Last month, 80 teens put on their best threads and hit the dance floor in Santa Clara; most were homeschoolers, but a few guests were from public and private schools, and so could compare proms. "Pretty cool," says Julien Gulmert, 17, a junior at Pescadero High and, on this occasion, the date of homeschooler Sarah Farmer. "It was far more extravagant than the dances I'm used to. And the choice of music was better too." — MEETA AGRAWAL

Send word of your upcoming festivities—weddings, reunions, etc.—at least one month in advance to celebrating@life.com.



#### ▲ Low-Tech Excitement

Butterfingered board-gamers will be stuck on Goplay magnetic Chinese checkers. Other classic games also available (\$7\*; at Barnes & Noble stores).

SHOPPING

# Travel Companions

Millions of Americans will hit the road this summer. Many of them will be siblings punching each other in the arm. Give those little brawlers something else to do.



#### ▲ Shooting Star

The kid-friendly Kodak EasyShare C300 digital camera doesn't munch batteries (or film!), and the image quality is good enough to satisfy Mom and Dad (\$100; at www.kodak.com).

#### Drivin' Theater

Parents rave about the Panasonic DVD-LS50 portable DVD player's three-hour battery life and tilting LCD screen, which can hang from a car's front seat—keeping it out of Junior's reach (\$400; at Best Buy stores).





#### ▲ Backseat Drawing

Keep preschool Picassos occupied (and well rested) with the Crayola Travel Turtle lap desk: It comes with crayons, plus a detachable pillow for nap time (\$20; at Wal-Mart stores).

-DAVID G. ALLAN

\*All prices approximate

#### DVDCLUB FOOD, FRIENDS, AND ONE

FUN FILM TO DISCUSS.



# THE FLICK: The Longest Yard (Paramount Home Entertainment; R; 121 minutes)

#### THE PLOT:

In this scrappy action-dramedy that paved the way for 1970s sports cinema (*Slap Shot, The Bad News Bears, Rocky*), Burt Reynolds stars as former pro quarterback Paul Crewe, who lands himself in the big house for stealing his girlfriend's car. While inside, he's coerced into organizing a guards-versus-prisoners gridiron match, but here's the catch: If Crewe throws the game, he'll make parole.

#### TALKING POINTS:

- 1. Steroid use, point-shaving, and racial politics are all touched on in the film. Has sports changed much in the past 30 years?
- 2. An updated version of *The Longest Yard*—with Adam Sandler playing Crewe—debuts on May 27. Discuss movie remakes that you think have been as good as the originals.
- 3. When this movie was made, Reynolds was considered a sex symbol. How has Hollywood's concept of the male ideal evolved—or not—over the years?
- 4. "This was the best football movie ever

made," says ESPN.com columnist Bill Simmons in a DVD extra. Given the worthy football films out there—from North Dallas Forty to Remember the Titans—do you think it's still the best?

#### WHAT TO SERVE:

While a plate of prison-style beans and white bread might be fitting, go with tailgating faves like nachos and buffalo wings.

—D.G.

Coming next week: The Aviator

Got a suggestion for the DVD Club? Write to us at dvdclub@life.com.



YOUR DINNER-TABLE ARGUMENTS SETTLED, ONCE AND FOR ALL

# What's the origin of baseball's seventh-inning stretch?

The most colorful theory credits our twenty-seventh president, William Howard Taft. Legend has it that in 1910, the 300-pound chief executive was watching a ball game (and presumably ingesting large quantities of peanuts and Cracker Jack) when he began to feel constrained by his cramped wooden chair and stood up to stretch. The crowd, thinking Taft was leaving the stadium, rose out of deference. A few minutes later, Taft sat down. The crowd sat down too. And voilà!—a sporting tradition was born.

Perhaps. It seems the first known reference to the seventh-inning stretch actually comes much earlier: In an 1869 letter, Cincinnati Red Stockings player Harry Wright described an interesting ritual that had been spontaneously occurring at games—"spectators all arise between halves of the seventh inning, extend



their legs and arms and sometimes walk about." Some baseball historians attribute the custom to Brother Jasper, the first coach of Manhattan College's baseball team. During a tense 1882 game he noticed the fans getting agitated, so the brother, who was the school's order-keeping prefect of discipline, mandated a seventh-inning unwinding of the limbs. It worked so well he adopted it permanently.

Either way, it seems the Taft story is a bunch of hooey. On the other hand, the one about Taft getting stuck in a presidential bathtub and needing the head butler to pull him out? That one's true.

-A.J. JACOBS, AUTHOR OF THE KNOW-IT-ALL

Got a question no one else can answer? E-mail it to knowitall@life.com. Because of the volume of submissions, not all e-mails will receive responses. HEALTH

#### Secret Sun Damage

More and more skin doctors are looking at photography as a way to get Americans to slather on sunscreen. Ultraviolet cameras can glimpse into the skin's deepest layers, where sun damage lurks before emerging as wrinkles, sunspots, and even precancerous lesions. Scientists at the perpetually sunny University of California at San Diego have found that students who undergo this imaging are more likely to change their attitude about tanning: Even those with seemingly flawless skin are shocked by the damage that's occurred. A dermatologist can tell you more about this technology; find one at <a href="https://www.aad.org">www.aad.org</a>. —CAROLINE PALMER



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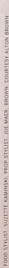
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SUNDAYS IN JUNE
STARTING JUNE 5, 8PM







#### SUNDAY DINNER

# **Alton Brown's Buttermilk Biscuits**



My grandmother's biscuits were the first food I tried to imitate in the kitchen. But mine tasted different. It took a while to realize that hers had been so tender because she had arthritis and couldn't knead the dough well. The secret: Go easy on the flour (the dough should be really wet). Then work it as little as possible. These biscuits are perfect with fried chicken or roast beef; or, at breakfast, serve them with raspberry or blue-

berry jam. And when the leftovers are getting a bit stale, split them in half, dab butter on top, then broil them until they're golden brown and crunchy. Which may be the very best way to eat them." (AS TOLD TO CAITLIN COSTINI)

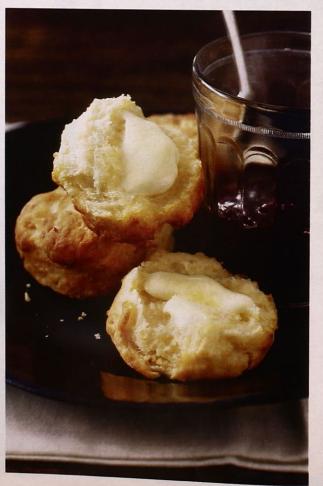
Alton Brown hosts Good Eats on the Food Network, His latest cookbook is I'm Just Here for More Food.

#### ⊕ | PREPARATION TIME: 30 MINUTES | COOKING TIME: 15 TO 17 MINUTES | MAKES: 18 BISCUITS

INGREDIENTS > 2 cups all-purpose flour > 4 teaspoons baking powder > 1/2 teaspoon baking soda > 1 teaspoon salt > 4 tablespoons unsalted butter, frozen > 1 cup buttermilk > 1/3 cup plain yogurt > 1 large egg

HEAT oven to 450°F. MIX flour, baking powder. baking soda, and salt in a food processor; transfer to a large bowl. Place a cheese grater over bowl, and rub butter over grater's largest holes. TOSS butter into flour gently, using hands. With fingers, rub in butter until about half disappears into flour and the rest has clotted into pea-sized bits. Put butter-flour mix in freezer. COMBINE buttermilk, yogurt, and egg in a big bowl; stir well with a spatula. Add to butterflour mix. Stir to form dough. DUST a long piece of waxed paper lightly with flour. Place dough in middle; with paper's ends, gently form dough into a rectangle 1/2 inch to 1 inch thick. Use paper to fold the left third of dough over the middle, then the right third. Repeat 3 more times. CUT dough into 2-inch rounds with an upside-down glass; reshape scraps and cut more biscuits. Place on an ungreased cookie sheet. Gently press down in biscuits' middles to barely dimple them. BAKE until golden brown,

15 to 17 minutes. Serve hot.



camera, courtesy of Nikon's Exclusive Feature System. 314" thin. Massive LCD screen. 5 megapixels. 3x optical zoom. Just \$379.95 MSRP. To learn more, go to nikondigital.com The new Nikon\* Coolpix\* S1. With more picture-taking ability than any other slim digital

At the heart of the image





#### MILESTONE

# Happy Birthday, Vegas!

This month marks Sin City's centennial: It was 100 years ago that an auction of 110 dusty acres in the Mojave Desert planted seeds for what's become a shimmering symbol of excess. Musicians, mobsters, and molls populate the legend. Today, stroller-pushing moms and dads, lured by roller coasters, water rides, and other over-the-top family fare, also make the scene. And what a scene it is.



The birth of Glitter Gulch: Gambling's legalization in 1931 turned Fremont Street into a bettor's paradise.



New York mobsters like Meyer Lansky, seen on a casino site in Vegas, went west in droves after World War II.



Jake Freedman, an owner of the Sands casino, with an off-duty showgirl at the roulette table, circa 1955.



Ring-a-ding: The Rat Pack's Dino, Sammy, and Frank set a tone of bawdy conviviality in the early '60s.



Today, families flock to Las Vegas for surreal fun and frolic in faux versions of Egypt, Paris, and, here, Venice.





hen I was grisiana, we regard isiana, we regard. We didn't spend more it. My attitude now is like buying houses enth]. I like to move. I architecture. Just what a contemporary house of I haven't named

even though I've bee for a year. It was su office, but then I s and decided I wante thing I would spe sometimes I call it "fun house is what it where everybody gr friends come over, which is fun for it I'm really good, and equally bad—all with one shot.

# My which is fun for a l'm really good, an equally bad—all wit one shot. FAVORI ROOM Ellen DeGene

Daytime's dancing queen pays tribute to the place in her house where people kick up their heels and let down their hair

Before this room was on Leno, and at invited people over. just going to be fou started getting exc pool table, and it go kept calling more p seen in a while. W until, like, 1 a.m., pl dancing. When peo here, there's always funky playing-tha Tupac and Eminer into everybody da someone here for they go, "God, tha fun-we all ended i it happens every

together here, we en

me, the most important thing is to have a you want to be in all the time. At Christmas, [de Rossi, DeGeneres's girlfriend] and I ast met. Her brother and his wife, who I'd met before, came over to spend Christmas us, along with my brother, his girlfriend, ny mother. It was a recipe for disaster: No new one another. I didn't know if they'd But in the end, it was a really lovely day, just g my brother and her brother getting along. hat you picture when you see a scene in a and go, "Oh, wow, that looks nice." You feel ou've successfully made a lovely home.

# **House of** Ellen

FE drills DeGeneres on the highs and lows of her ome-improvement history



's the craziest

aint you've ever

my room lavender. ot as soothing as

est gadget in your

e a plasma TV that

out of the ceiling.

course, my shoe-

still amazes me to

ight now?

a room?

n I was 19, I

Q. Messiest room in the house?

Q. Biggest pet peeve about

A. I had former neighbors who cut down huge, old, beautiful trees that were perfectly healthy!

a neighbor?

A. I'm actually very neat, although my scrapbooking room can get out of control.

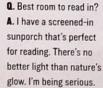
Q. Snap decision: flat or semigloss?

A. Flat.



Q. Least used room?

A. I've stopped using my library because that's where Professor Plum killed Colonel Mustard with the candlestick . . . oh, I'm thinking of the game Clue.



Q. It doesn't feel like home until ...?

A. I hang my portrait over the fireplace.

Q. Favorite home show?

A. Extreme Makeover: Home Edition. It's amazing and inspiring, and I can



get a week's worth of crying done in one night.

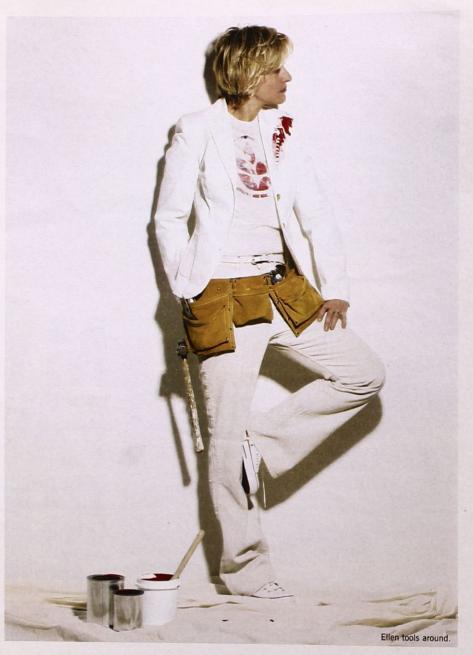
Q. Shades or drapes? A. Both . . . and then I tack a sheet over them for complete privacy.

Q. Which television show features



Q. The worst interior decorating mistake you've ever made? A. The sheer drapes I bought that my cats immediately destroyed. And my faux-fur wall.





A. Lost.

rite tool?

ips-head screw-

It's all you need.

# Same award-winning performance. Now available with a 5-CD Changer.



When we introduced the Acoustic Wave\* music system, audio critic Wayne Thompson called it "simply the best-sounding compact stereo system in captivity." Sound & Vision reported that it delivers "possibly the

best-reproduced sound many people have ever heard." By offering the sound of a big, complicated stereo system – but from an all-in-one music system hardly the size of a briefcase – the Bose\* Acoustic Wave\* music system set a new industry standard.

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Shown with optional 5-CD Changer

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**INMYFAMILY** 

# OUR SEARCH FOR THE SIMPLE LIFE

WE WERE MARRIED ON THIS LAND. Nearby live the closest friends we have, as well as my only brother, his wife and children. For our entire adult lives, my

husband, Chris, and I have resided within 10 miles of where we stand.

Our midwestern home is sited on 40 acres that Chris planted by hand and that burst each spring into wildflowers and grasses of periwinkle, purple, and gold. He'd designed our bedroom as a haven from which we could applaud the sunset, and rounded our kitchen to greet the sunrise as we made breakfast for our six kids. Together, we selected everything from the bricks that frame the door to the

MITCHARD LIVED
HER DREAM OF BUILDING THE PERFECT
HOUSE. BUT WHEN SHE
AND HER FAMILY
MOVED IN, THEY REALIZED IT WAS TOO MUCH
OF A GOOD THING.

PHOTOGRAPH BY MICHAEL EDWARDS

low lights that guide small feet on a bathroom trip in the middle of the night. It was everything we ever wanted in a home and more.

Too much more. Less than a year after moving in, we decided to sell the house of our dreams. The simplest explanation was that the house was too complicated. To keep up with the mortgage and the maintenance on our rural idyll, we found ourselves working at warp speed.

So we made an inventory of our expenses to see what could go: The kids already went to public school; their clothes were handed down. As for gourmet food, lobster on anniversaries was about it. Our only indulgence was the summers spent at the funny little house we own, on a rustic culde-sac a few miles from the ocean—and a thousand miles from here.

Our funny little house.

Before I married Chris, I was a widowed mother of four, living in a modest house on a crowded street. I wrote a novel that blessed me with a sudden windfall. When a beloved friend told me about a three-bedroom cottage just a shout away from her front porch and a beautiful ocean, I grabbed it. Summers there became the dessert we hungered for all year. Chris and I had two more children together, who also loved that funny little house. But loving a place is one thing. Affording it is another.

It became too clear. To keep our real home, our perfect paradise, with the hickory floors and the chandelier in the shape of a rain cloud, we'd have to sell the funny little house. Sadly, we began to contact Realtors.

SOON, THOUGH, I WAS HAVING DOUBTS. WE'D NEVER REALLY STOPPED TO think about why we'd chosen to live in this prairie palace. Yes, we'd been raised

close by; yes, our families lived in the same time zone. But our visits were four times a year, not weekly.

HUMONGOUS HOUSE ON THE PRAIRIE The author (center) with husband Chris and five of their kids, in their custombuilt Wisconsin home.

And though my husband and I had never confided this to each other, each afraid to hurt the other's feelings, we both longed for a life we could more easily hold in our arms. The one we were living felt unwieldy, overstuffed—not with people but with things. We ended up feeling silly in our grand house—not like the people we truly are. We felt as if our house demanded that we dress up.

Then, my son Dan received an odd homework assignment: He had to write his own epitaph. He wrote, "I died old, near the place I love most, the pond down the road behind the church, where I swam as a child and brought my children as a man." He wasn't describing our new house. He was describing the one we were about to sell.

NOW, CHRIS AND I HAD AN IDEA: IF WE COULD SELL THE HOUSE WE HAD just completed, we could cram ourselves into the little house we loved best, afford it, and work toward the future while enjoying the present. We held a family meeting and asked our kids to tell us the truth. It was painful to hear. "This house is too big," Francie, 9, said. "It has echoes."

"The downstairs is great for sleepovers," said Marty, 16. "But I liked neighbors. Why didn't you suggest this in the first place?"

The children had also felt distant in our opulent home—from us and from one another. They did have privacy, but what they really liked was bumping into one another, dancing to '80s music in the kitchen—as we did in that little house, all summer long.

And yet, the thought of giving up all that dreamed-of luxury—speakers that let us have music all around, walk-in closets jammed with clothes I wore once a year—was like spending two years writing a book and then hitting the delete button.

We gave our kids a final test. "You'll have to share rooms," we said.

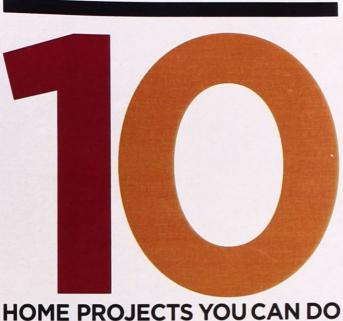
They shrugged. We silently rejoiced, knowing that we wanted to raise the kind of kids who would, in turn, raise the kind of kids who wouldn't raise a fuss if told they had to share their rooms.

And so we put our august prairie villa on the market. I gutted my closet. Pruning 20 pairs of shoes down to 5 wasn't so hard. But when I culled my books, I wept, and when I culled the children's, I sobbed. The books we did keep were the shabbiest, but they were the ones signed from brother to brother to sister. Of course, books are just things; and we all say how shallow it is that stuff attaches itself to us like barnacles. The truth is, it hurts to dismantle the archaeology of eight lives. My grandmother had sewn that quilt. That bowl was my mother's, and my mother died when I was 19. Each child's memory box held a tiny first soccer jersey, a baptismal gown, school folders. Some things, no one should toss. So we did not.

The hardest part was to come. Saying good-bye to my brother, his family, my eldest son, now working full-time—no ocean waves could replace their laughter. Still, even a good choice comprises loss. This was a good choice, and a loss both big and real. But each step felt surer, more headed toward than away. As we looked forward to the life we would live, it felt more and more like a better fit for the people we honestly were.

And so we lit out for the territories. We brought only stuff enough to fill one moving van, enough memories and longing for those we left behind to fill a barge, and enough hope to hold a piece in each hand.





Minimal fuss. Maximum impact. All you need are a few household items-and some clever design tricks.

BY DAN SHAW . PHOTOGRAPHS BY NGOC MINH NGO STYLED BY MICHELE MICHAEL

#### **SPRUCE UP YOUR SOFA** IN 15 TO 20 MINUTES

A few skillful tucks of a bedspread can give your couch a surprisingly easy makeover. "Bedspreads are kidand pet-friendly," says Connecticut decorator Bunny Williams-and almost as polished as slipcovers (at a fraction of the price).

WHAT YOU NEED 1 bedspread or other piece of fabric, as wide as your sofa is long >> pillows >> coordinating pillowcases or shams >> heavyduty Velcro tape for fabric

#### THE STEPS

LAY fabric over seat and rear of couch, pattern-side up. Fold fabric around seat cushions and tuck edges securely underneath. Repeat with rear cushions.

COVER pillows with pillowcases (close with Velcro tape) or shams; place against backrest.

**OUR LOOK Stylist Michele Michael** suggests that during the dog days of summer, a shower curtain (woven, not plastic, of course!) is best equipped to stand up to punchspilling kids and soggy swimsuits. Zinnia shower curtain (\$45) and Grove Stripe sham (\$34) from Garnet Hill (at www.garnetbill.com). Hopsack pillow from Crate & Barrel (\$30; at www.crateandbarrel.com).



#### **REVAMP YOUR KITCHEN** IN 60 MINUTES\*

Why keep your best dishes and kitchen gadgets under wraps? Remove your cabinet doors, and not only will your kitchen look hipper, you'll see exactly where you put that salad bowl.

WHAT YOU NEED screwdriver >> wood filler >> putty knife >> finegrain sandpaper » paintbrush >> semigloss paint

#### THE STEPS

SET aside dishes and other contents. REMOVE doors with screwdriver. PLUG screw holes with wood filler, and scrape off excess with putty knife. SMOOTH cabinet frames with sandpaper, then paint them. LET paint dry completely (see instructions on can). Repeat with second coat. (Note: You may need to apply primer before painting. Ask at a paint store for advice.) ARRANGE cabinet contents by category (glasses, dishes, cookbooks, canned goods, etc.) and color.

OUR LOOK For a more extreme makeover, redo the interiors with a bright color. We used Benjamin Moore Waterborne Satin Impervo Enamel in Sun Porch (\$50 per gallon: call 800-672-4686 for stores). Scale from Crate & Barrel.

Does not include drying time





#### BRIGHTEN YOUR BATHROOM

IN 40 TO 60 MINUTES\*

To overhaul a lackluster bathroom, simply add a splashy vanity color.

WHAT YOU NEED screwdriver >> paintbrush >> semigloss or high-gloss latex paint

#### THE STEPS

REMOVE vanity doors' hinge screws and knobs (if possible).

PAINT vanity and doors; let dry (see instructions on can). Add a second coat. (Note: You may need to apply primer before painting. Ask at a paint store for advice.) Let dry overnight.

REATTACH doors and knobs to vanity.

OUR LOOK An unconventional color heightens the effect: Benjamin Moore Impervex Latex High Gloss Metal and Wood Enamel in Citrus Orange (\$43 per gallon; call 800-672-4686 for stores).

\*Does not include drying time

### **RESET THE TABLE**IN 5 TO 10 MINUTES

Forks, left. Spoons, right. Centerpieces, not in the middle anymore! Take full advantage of a table's length by lining up items—whether they're plants or votive candles—in a single row. It'll make the table look longer—and more inviting.

OUR LOOK Michele Michael used wheatgrass from a local farmer's market and arranged the spread on a Crate & Barrel Chardon tablecloth (\$25 and up; at www.crateandbarrel.com).



#### ORGANIZE YOUR PORCH IN 30 TO 45 MINUTES\*

Having to run inside for sunblock or a sweater spoils the outdoor fun. Instead, keep everything within arm's reach with roomy totes hung on Shaker pegs. Bonus: no more clutter.

WHAT YOU NEED pine board (1 inch thick, and as long and wide as you like) >> pencil >> ruler >> level >> power drill with ½-inch bit >> wood glue >> Shaker pegs >> paint (optional) >> 2 No. 8 screws (2½ inches) >> bags

#### THE STEPS

DETERMINE where to hang each bag

pencil (use ruler and level to make sure points are equidistant and even). DRILL holes % inch into board; glue in pegs; let dry overnight. Paint if desired; let dry.

MARK where you'd like to place screws on board, with the help of level. Then drill board into wall and hang bags.

OUR LOOK We matched our new rack to the color of the house, then coordinated it with summery totes, one for each member of the family. Pegs from Shaker Workshops (\$8 per dozen; order at 800-840-9121). Pine board available at Lowe's. Totes from Hable (\$150 and up; order at 212-343-8555)



ion that comes with VESicare before you start ou get a refill. There may be new information, the place of talking with your doctor or other bourt your condition or treatment. Only your ofessional can determine if treatment with

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#### **KID-SIZE A BOOKCASE**

IN 10 TO 15 MINUTES

Want to encourage your kids to read? Bring shelves down to their level-and create a library all their own.

WHAT YOU NEED sturdy modular cubes >> heavy-duty Velcro tape >> bench cushions

#### THE STEPS

LINE cubes along wall. TAPE cushions to cubes with Velcro.

**OUR LOOK** A sunny menagerie. Cubes (\$69 each; No. 6183164) and cushions (\$49 per pair; No. 6804389) from West Elm (at www.westelm.com). Hold Everything boxes. Garnet Hill baskets. Books courtesy of Barnes & Noble.



#### **BUILD A TRELLIS** IN 45 TO 60 MINUTES

Plants filling a once-blank wall turn a drab porch into a garden room.

WHAT YOU NEED 5 strips of plywood (% inch thick and as long as you like, but 2 strips-your vertical piecesshould be at least 10 inches longer than the others) >> pencil >> ruler >> power drill >> 6 screws (11/4 inches) >> 4 screws (2 inches) >> deep crate

#### THE STEPS

MEASURE with ruler where horizontal strips should attach to vertical strips, and mark with pencil (lowest horizontal should be placed higher than crate). PLACE verticals behind horizontals; drill in 11/4-inch screws in back. ATTACH trellis to back of crate by drilling one 2-inch screw near bottom of planter and one near top (on each vertical strip). TRANSPLANT potted climbing flow-

ers to crate.

OUR LOOK Ask your nursery for a discarded crate (you can't beat that price!). Wood available at Lowe's.

# Are You the Picture of Health?

"You might look and feel fine, but you need to get the inside story.

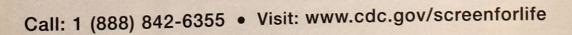
Colorectal cancer often has no symptoms, so please get tested. I did."

Katie Couric, Co-Founder EIF's National Colorectal Cancer Research Alliance

Screening can detect precancerous polyps so they can be removed **before** they turn into colorectal cancer.

If you're 50 or older, talk to your doctor and get screened.







DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention









#### MATCH UP ACCESSORIES

IN 45 MINUTES

If you want to change the color of a room but don't feel like painting, get the effect by sprinkling same-hued accessories throughout the space. Use objects as small as lamps and vases or as large as an area rug. "Choose a shade you love, and spread it all around," advises Christopher Lowell, the host of Discovery Home Channel's The Christopher Lowell Show. You may not even have to go shopping. Start by taking inventory of your closets. cupboards, even your garageyou could discover a color statement in the making.

OUR LOOK Because this is also a low-commitment way to experiment, we went bold here, picking chartreuse accessories. Carnivale Green table lamp from Crate & Barrel (\$70; at www.crateandbarrel.com).
Potluck serving bowl from Global Table (\$74; at www.globaltable.com).
Rug from Bowron Sheepskin (\$79 and up; at www.rugsusa.com).
Chinese brocade pillow fabric from B and J Fabrics (\$21 per yard; order at 212-354-8150).



#### DESIGN A HEADBOARD

IN 40 TO 60 MINUTES

Your bedroom's a snooze? Doug Wilson, host of TLC's *Moving Up*, likes to liven things with a fabric headboard.

WHAT YOU NEED ¾-inch-thick plywood (6 inches wider than bed, as high as you like) >> 1 package ¾-inch cotton batting (at least 6 inches wider and longer than plywood) >> scissors >> tape measure >> staple gun >> fabric (same size as batting)

#### THE STEPS

PLACE batting on floor with plywood on top. Trim so it's 3 inches wider than wood on all sides. Fold over onto wood; staple.

LAY fabric pattern-side down. Place batting side of wood on fabric. Trim so it's 6 inches wider than wood on all sides. Pull fabric taut; fold over onto

wood; staple. Place board behind bed.

OUR LOOK A chic boutique hotel. Marimekko Kivet Red fabric (\$42 per yard; at www.kiitosmarimekko.com). Plywood available at the Home Depot. Batting from the Warm Company. Signature Hemstitched Percale bedding from Garnet Hill (\$30 and up; at www.garnetbill.com).

#### FAKE A BIG WINDOW IN 40 TO 50 MINUTES

Let there be light—or just the appearance of it—with this nifty trick. By hanging a curtain rod a little north of the frame, your window will suddenly seem bigger. "It's a marvelous illusion," says Debbie Travis of HGTV's Debbie Travis Facelift.

WHAT YOU NEED stepladder >> ruler >> 2 brackets with screws (or 3 if curtain rod is especially long) >> pencil >> power drill >> stud finder >> curtain panels (wide enough to span window, with material left to gather) >> 1 curtain rod (2 to 4 feet longer than window)

#### THE STEPS

MEASURE 10 inches higher than top of window, then 10 inches wider on each side of window. Mark with pencil, then install brackets by drilling screws into mark. (For drywall, use stud finder to be sure your mark is over a stud; if not, move bracket closer to window.)

SLIP curtains over rod and hang.

POSITION curtains at edges of window so fabric gathers at the sides.

**OUR LOOK** To accentuate the airiness of the room, we hung gauzy Contour

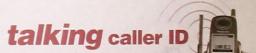


Line Embroidered curtains from Garnet Hill (\$38 and up per panel; at www.garnetbill.com) on a Solid Wood rod with brackets (\$35 and up) and finials (\$40 a pair) from Restoration Hardware (at www.restorationbardware.com). Stinson Stripe Cotton Mat from Pottery Barn.





**SO easy** you can do it with your eyes closed



B

C

# **Attention, Shoppers!**

There are nine subtle differences between these two photographs. Search high and low (don't forget the floor!) to see how many you can find.









hen I was growing up in Louisiana, we moved every two years. We never owned. We always rented. We didn't buy things. We didn't spend money. We just saved it. My attitude now is: Spend it. I really like buying houses [this is her eleventh]. I like to move. I like change. I like architecture. Just when I think I like a contemporary house, I change to a Spanish-style house or a traditional.

I haven't named this room yet, even though I've been working on it for a year. It was supposed to be an office, but then I started liking it and decided I wanted it to be something I would spend time in. So sometimes I call it "the office." but a fun house is what it is. It's the place where everybody gravitates. When friends come over, we play pool,

# friends come over, we play pool, which is fun for me. Sometimes I'm really good, and then I can be equally bad—all within the span of one shot. ROOM... Ellen DeGeneres

Daytime's dancing queen pays tribute to the place in her house where people kick up their heels and let down their hair

Before this room was finished. I was on Leno, and after the show, I invited people over. At first, it was just going to be four of us. Then I started getting excited about the pool table, and it got out of hand. I kept calling more people I hadn't seen in a while. We all hung out until, like, 1 a.m., playing pool and dancing. When people come over here, there's always something funky playing-that night, it was Tupac and Eminem-and it turns into everybody dancing. If there's someone here for the first time, they go, "God, that was so much fun-we all ended up dancing!" But it happens every time people get together here, we end up dancing. >

As told to Margy Rochlin Photographs by Guy Aroch

